

# West Bridgford Physiotherapy and Sports Injury Clinic



## How to find us

Our clinic's right in the heart of West Bridgford, Nottingham. We're just a few minutes' walk from Central Avenue or a few minutes' drive from Trent Bridge, at the Musters Road - Melton Road traffic lights.

If you're coming by car we've our own car park, with wheelchair access to the back of the building, and if you're coming by bus we're right on the route of the 7, 8, 9 and 9c, and not far from the 6 or the 10.

Coming into West Bridgford from town you can't turn right into North Road to reach our car park. Instead, take the right hand turn before it into Carlyle Road, turn left into West Road and Left again into North Road. Head towards the church and you'll see us opposite.

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Member of the Organisation of Chartered Physiotherapist in Private Practice